

Menstrual Hygiene Survey form

Village:

Street:

Door No.

Family No.

1 List the details of female members in reproductive age group (15 -45 years)

S.. No	Name of the member	Age	Which menstrual hygiene product you prefer using? 1. Sanitary napkins/ pads 2. Reusable cloth 3. Others specify	How frequently you change napkin /cloth pad in a menstrual day? 1. Once daily 2. Twice daily 3. Thrice daily 4. 4 or more pads per day	Do you face any of the following problems? 1. Issue with the absorbent material leading to leakage 2. Itching and rashes 3. Disposability issues 4. No issues. I feel perfectly comfortable 5. Others specify.	Mode of disposal 1. wrap in polythene bag and throw in dust bin 2. wrap in paper and throw in dust bin 3. throw in toilet 4. reuse cloth after sun-drying 5. Burning 6. Burying 7. others specify
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- 30 village women participated
- Sanitary napkins distributed



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NATIONAL SERVICE SCHEME



HYGIENE AWARENESS PROGRAM



30th June, 2022

**Adi Dravidar Welfare Higher Secondary School
Kolappanchery, Poonamallee Block**



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Menstrual hygiene awareness for girls



- Inauguration and sanitary napkin distribution to 65 school girls
- 39 NSS Volunteers participated
- Total 172 school students were beneficiaries



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- Menstrual hygiene awareness
- Awareness on solid waste segregation and plastic ban



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Awareness on Hazards of
over the counter
prescriptions use by
Pharmacy students



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Hygiene Awareness sessions by different teams of volunteers in class rooms



- Dental hygiene
- Screen time management
- Over counter pills
- Hazards of cigarette smoking and addictions



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Health awareness sessions



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