

NSS EYE CAMP

NSS, SRIHER IS Organized an eye camp in Kolappancherry panchayat on 4th August, 2022 on the 75th Anniversary of our National Independence under the banner of " Azadi ka Amrit Mahotsav". To motivate the community to attend eye camp and get themselves screened for eye problems, NSS volunteers today conducted community campaign and distributed pamphlets on Eye camp. Totally 56 Unit 5 NSS volunteers participated in the campaign
NSS India NSS Tamil Nadu NSS Chennai Ministry of Youth Affairs and Sports, Government of India #SRIHER #SRMC #NSS #SRIHER NSS #SriRamachandra #SDG4 #SDG3



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NSS Multi Speciality Medical Camp

NSS, SRIHER organized Multi speciality medical camp in Govt middle school, Banaveduthottam together with Lions club of Pallavaram Doctors from Dermatology, ophthalmology, paediatrics and Community dentistry screened 137 students. Sanitary kit containing tooth brush, paste and soap sponsored by Lions club given to all students. Sanitary napkins distributed to 75 girls studying in 7th to 10th class. All the students were created awareness on Mebsteual hygiene, dental hygiene, healthy diet, importance of physical activity, hazards of tobacco and alcohol and excessive screen time

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NSS Multi Speciality Health Camp

NSS SRIHER in collaboration with Madras cosmopolitan Round Table 94 and Rotaract club of Caduceus organized a Multi speciality health camp at Don Bosco school MKB Nagar Vysarpadi. Doctors from Dermatology, ophthalmology, paediatrics and Community dentistry screened 891 students. 240 Dental kit containing tooth brush and paste sponsored by Madras cosmopolitan Round Table 94 was distributed to students studying in 7th to 9th class. All the students were created awareness on Menstrual hygiene, dental hygiene, healthy diet, importance of physical activity and hazards of tobacco and alcohol.

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SWACH BHARAT PROGRAM - NAMMA OORU SUPERU IN VAYALANALLUR VILLAGE

NSS, Sri Ramachandra Institute of Higher Education And Research organized Swach Bharat program - namma ooru superu in Vayalanallur village in association with Poonamallee block on 02-09-2022.

32 NSS volunteers participated in the event. Block development officer Mr. Sivakumar inaugurated the event. Swach Bharat Secretary Mr. Sivanandam oriented the volunteers about the importance of the program. Dr. Anitha Rani, NSS ASSOCIATE PROGRAM COORDINATOR, briefed the volunteers about the importance of creating awareness on solid waste disposal and plastic ban.

Pledge was taken by the volunteers on hygiene. Pamphlets on solid waste segregation were distributed to nearly 150 houses in Vayalanallur Panchayat. Cleanliness drive was carried out by the volunteers

- removal of plastics from the streets
 - removal of garbage in and around the schools and public buildings in Vayalanallur village
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SELF HELP WOMEN PROGRAM

Eighteen NSS volunteers from SRIHER (DU) actively participated in a Self-help women program in Perumbakkam, along with Govt Women development corporation on 1.9.2022. Ms Nirmala, Ambattur corporation office oriented our volunteers regarding the survey to be taken. A total of 285 families were surveyed by our NSS volunteers in the perumbakkam housing board regarding no of women enrolled in women self-help group, how many are willing to attend technical training, what kind of technical training required etc., They were also made aware of loans available from government for women.

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Slum self help women survey by NSS, SRIHER



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WOMEN WELLNESS CAMP

Nss sriher, together with arogya bharathi, NMO organised women wellness camp in manali mathur on 17 September 2022. Beneficiaries were 97 women and they were tested for hemoglobin, blood sugar and blood pressure. All the 97 women were screened for cancer breast by clinical breast examination. All the women were screened for cancer cervix, pap smear taken from 60 women. Health education was given on anemia prevention, self-breast examination and cancer cervix symptoms

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CARDIAC SCREENING CAMP

NSS SRIHER together with Udhavi Karam, NGO organized cardiac screening camp in Perumalpet, Thiruvallur. 46 NSS Volunteers participated in the camp. Totally 75 residents were benefitted. Blood pressure recording was done for all the camp participants, ECG monitoring was done for 65 people ECHO was carried out for 21 people among which one person was referred to Sri Ramachandra Hospital for further proceedings. Cardiac screening camp by NSS on 29/09/2022 at Perumalpet, Thiruvallur

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NSS EYE CAMP

Eye camp organized by NSS, SRIHER in association with Madras Cosmopolitan Round Table 94 in Vayalanallur village on 8.10.2022. Total beneficiaries screened 67. Cataract was diagnosed among 18 patients and referred to SRIHER for surgery. 32 beneficiaries were found to have refractive error who will be given free spectacles later date. [#SRMC](#) [#SRIHER](#) [#NSS](#) [#SRIHER_NSS](#) [#nsschennai](#) [#SDG3](#) [#SDG4](#)



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NSS TOILETS CONSTRUCTION

NSS, SRIHER in association with Round Table have initiated toilets construction In Padur village. In first phase 53 toilets will be completed. NSS volunteers visited and monitored toilet construction work in Padur village on 12.10. 2022.

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| TOILET CONSTRUCTION SURVEY IN PADUR VILLAGE



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MULTISPECIALITY MEDICAL CAMP AND SANITARY KIT DISTRIBUTION PROGRAM

NSS, SRIHER organized Multispeciality medical camp and sanitary kit distribution program together with Madras cosmopolitan Round Table 54 in Panchayat union middle school, Parivakkam on 17.11.2022. Totally 172 school children screened for ENT, Opthal, paediatric, dental and dermatological problems. hearing assessment done for all children. 21 children referred for refractive error. 50 children referred for other health problem. Sanitary napkins distributed to 16 adolescent girls.

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WOMEN WELLNESS - CANCER SCREENING CAMP

NSS SRIHER, together with Arogya bharathi Tamilnadu, National Medicos Organisation and United way of Chennai organised women wellness - Cancer screening camp in Thazhankuppam, Ennore on 21 December 2022. There were 72 Beneficiaries. The women were tested for Hemoglobin, Random blood sugar and Blood pressure. All the 72 women were screened for cancer breast by clinical breast examination. All the women were screened for cancer cervix, pap smear taken from 45 women.

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SRI RAMACHANDRA FACULTY OF PHYSIOTHERAPY

“World Osteoporosis Day” Celebrations – 20.10.2022

Sri Ramachandra faculty of physiotherapy organized a screening camp for "Osteoporosis" on 20.10.2022 to commemorate World Osteoporosis Day 2022.

The screening camp was held at the orthopaedic OPD, ground floor, G block of Sri Ramachandra hospital from 9 a.m. to 1 p.m. Dr. J K Giriraj, senior consultant, Department of Orthopedics, inaugurated the camp and addressed about importance of bone health among the participants.

There were four stations in the camp venue – BMI estimation, calcaneal bone density evaluation, osteoporosis risk assessment, and exercise & counseling. Every participant was evaluated in each station, and those who were at the risk of osteoporosis were counseled and provided with live exercise demonstrations. A total of 109 participants, comprising employees of SRIHER and the patient population, benefited from the camp. The camp displayed various educational materials based on the international osteoporosis foundation theme for the year 2022, prepared by the post-graduates of the faculty of physiotherapy.



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai

Sri Ramachandra Faculty of Physiotherapy
Celebrates

WORLD OSTEOPOROSIS DAY

EMPLOYEE SCREENING CAMP FOR
“OSTEOPOROSIS”



Bone Mineral Density Measurement

Osteoporosis Risk Assessment

Exercise Counselling



20th October, 2022
Thursday,
from 09:00 am to 01:00 pm IST



G-Block Orthopaedics OPD
(Ground Floor)





SRI RAMACHANDRA FACULTY OF PHYSIOTHERAPY

WORLD STROKE DAY 29.10.2022

On occasion of “WORLD STROKE DAY” which was observed on 29.10.2022, Faculty of Physiotherapy along with Department of Neurology organised and conducted a series of events from 27.10.2022 to 29.10.2022

27.10.2022

“Emphasising BeFAST – Stroke Prevention and Recovery,” e-Poster and short video Competitions, were conducted.

In e-Poster competition, around 15 teams from various faculties of SRIHER participated and in short video 4 teams participated.

These competitions were judged by DR. Deepa, Assistant Professor, Department of Neurology and Mrs. Porkodi, Associate Professor, Faculty of Nursing.



28.10.2022

“Stroke awareness camp” was conducted in Sri Ramachandra Rural Health Training Centre, Vayalanallur. Around 150 patients benefitted. “Education about prevention and early diagnosis of stroke” was by means of awareness speech, role play, educational video & pamphlets.

Outreach camp was conducted in Annambedu village by Faculty of Physiotherapy, Door to Door “Education about prevention and early diagnosis of stroke” was given. Around 100 peoples benefitted.

12 neuro post graduates, 8 interns and 3 Staffs



29.10.2022

“Awareness about prevention and early diagnosis of stroke” was provided in medical centre and G block lobby in the form of awareness speech, role play, educational video & pamphlets. Around 200 patients/public benefitted.

12 neuro postgraduates, 8 interns, 7 staffs



Sri Ramachandra Institute of Higher Education and Research (DU)
National Service Scheme
Activity Report for July -2022- June -2023

Multi specialty medical camp and Menstrual hygiene programs conducted for

1. Government Middle school students, Vayalanallur on 26.7.2022 – 125 students
Government middle school, Banaveduthottam on 23.8.2022 – 137 students
2. Don Bosco School, MKB Nagar On 30.8.2022 – 241 students
3. Panachayat Union Middle school, Parivakkam -17.11.2022 – 172 children
4. Government Panchayat Middle school Alamathi near Redhills on 20.1.2023 – 120 school students.
5. Government Primary school, Banaveduthottam on 22.2.2023.30 - 100 primary school children screened
6. Government Middle school, Thirumanam village on 10.3.2023 - 113 students were screened.

Cardiac screening camps

- 1 cardiac screening camp in Perumalpet, Thiruvallur on 29.9.2022-Totally 79 residents were benefitted. Blood pressure recording were done for all the camp participants. ECG monitoring was done for 65 people.ECHO was carried out for 21people
- 2 cardiac screening camp in Ayapakkam on 1.4.2023. Total beneficiaries 78. ECG done for 58 persons and Echo for 39 individuals

Women Wellness camps

- 1 Rashtriya Poshan Maah celebrations -Women wellness camp in Manali Mathur – 17.9.2022- Beneficiaries were 97 women tested for hemoglobin, blood sugar and blood pressure. All women were screened for cancer breast by clinical breast examination and for cancer cervix and pap smear taken from 72 women.
- 2 Women wellness camp -27.10.2022 in Banyan centre for Destitute women, Mogappair. 85 mentally challenged women were screened by clinical breast examination. Pap smear testing done for 24 women
- 3 Women wellness camp – Ennore -21.12.2022- There were 72 Beneficiaries. All the women were screened for cancer cervix, pap smear taken from 45 women. The women were tested for Hemoglobin, Random blood sugar and Blood pressure.
- 4 Women wellness camp- 15.4.2023- Kanniammanpettai near Manali -50 women were beneficiaries.

Eye camp conducted

1. Kolappancherry -4.8.2022 - Total beneficiaries of the camp-96, Patients identified with refractive error – 56,Patients referred to SRIHER for cataract surgery -8

2. Vayalanallur- 8.10.22. Total beneficiaries screened 67. Cataract - 18 patients and referred to SRIHER for surgery. 4 patients underwent surgery. 32 beneficiaries had refractive error
3. Eye camp in Banaveduthottam on 22.2.2023 -135 patients were beneficiaries. 32 patients had refractive error and received free spectacles. Rs 8000 is the cost.

Sports Items Distribution

1. Rs 31238 worth sports equipments distributed to Vayalanallur Middle school - 16.9.2022. Sponsors – Madras spice Round Table 159 and Madras spice ladies circle -133
2. Rs 25000 worth sports equipments distributed to Kolappancherry High school – 14.10.2022. Sponsors – Rotary club of North west
3. Sports items worth Rs 16000 were distributed to the Government middle school, Parivakkam on 17.2.2021. Sports events conducted for school children. 380 school children were beneficiaries of this project.

Other events

1. Azadi Ka Amrit Mahotasav – Har Ghar Tiranga celebration the 75th Year of Independence – 4.8.2022- Kolappancherry-National pledge was taken by the community and student volunteers. Indian flags were distributed by the student volunteers to 350 houses.
2. Azadi Ka Amrit Mahotasav – Har Ghar Tiranga celebration the 75th Year of Independence – 11.8.2022 – Karunakaracherry - National integration pledge was taken. Pledge against Drug abuse as part of chief ministers Drug free Tamilnadu initiative. Indian flags were distributed by the student volunteers to 50 houses.
3. Slum Self Help women survey – 2.9.2022 – Perumbakkam- 285 families surveyed about their enrollment in self help group , willingness to attend technical training and what kind of technical training needed etc.
4. Namma ooru superru – Swach Bharat Program -3.9.2022 – Vayalanallur- Pamphlets on solid waste segregation was distributed to 150 houses. Cleanliness drive was carried out by volunteers
5. ROSE Day celebrations -Hair Donation Drive for cancer children-22.9.2022. 91 volunteers donated hair
6. Awareness program on Traffic Rules and Avoiding Foot Board Travel -18.2.2023 – Ambattur estate bus stand. Awareness created for more than 1000 travellers.
7. Hygiene promotion program- NSS SRIHER together with Ericsson global services (India) Ltd organized hygiene promotion program for women and children in Kolappancherry village on 30.3.2023. 40 women and 40 children were distributed hygiene kits. Awareness created on personal hygiene and menstrual hygiene
8. Plastic ban awareness – Meendum Manjappai campaign among students of Government Middle school, Thirumanam village on 10.3.2023. 110 children were beneficiaries. Poster competition conducted
9. Fire safety and First Aid awareness program on 27.4.2023 in Vayalanallur. A book on “ Golden hour” distributed to beneficiaries

Pond Rejuvenation

1. NSS. SRIHER together with Rotary District 3232 rejuvenated Draupathi amman kovil pond in adopted village Sorancherry and inaugurated on 15.10.2022.
2. NSS. SRIHER together with Rotary District 3232 rejuvenated Sivan koil temple pond and inaugurated on 12.11.2023

Workshops organized

1. NSS SRIHER, together with BORN TO FIGHT School of Martial Arts -"Workshop on Self Defence Training for Girls" on the occasion of "National Girl Child Day" on 04.01.2023 at SRIHER. 95 female volunteers trained on basic blocks, hand attack techniques, self defence techniques, hang bag techniques, practical and street fighting techniques and weight balancing exercise.
2. Basic Life support training program for NSS volunteers on 5.1.2023. 60 NSS volunteers were trained on first Aid, Adult BLS and Paediatric BLS.

Village Toilets survey and awareness program-

- 1 Under swachh Bharat Mission, NSS has taken up the initiative to make the village Open Air Defecation free by construction of 60 toilets with sponsorship of Rs 6 lakhs from Madras Spice Round Table 159. The toilets construction is verified by NSS volunteers on 20.2.2023. They created awareness on hazards of open defecation, importance of toilets use and toilets maintenance. The toilets construction is inaugurated by Additional district collector Mr. C.A. Rishab IAS on 27.2.2023.
- 2 10 toilets constructed with 1 lakh funding support from Madras Central Round Table 82 and Madras central Ladies circle 73. Construction of toilets verified by volunteers on 25.4.2023. and awareness created to make them understand the importance of toilets use. Pamphlets distributed.35 NSS volunteers participated. The toilets Inaugurated in the presence of Area Chairman Mr Vijayraghavendra and Pancahyat president Mr.Duraimurugan on 27.4.2023.
- 3 15 toilets constructed for IRULAR community people in Thirumanam village with Rs 1 lakh funding from Sri Ramachandra Alumni association.

PROJECT VOICE

NSS SRIHER together with English literary club volunteers launched project VOICE- Volunteer Outreach Initiative in Creative English for Rural Students on 17. 2.2023 in Parivakkam govt middle school. It will be regular English coaching class for govt school children. Monthly twice sessions will be conducted for two hours.

SRIHER Yoga outreach Initiative

NSS SRIHER together with Yoga club volunteers organized "Yoga outreach initiative" for students of Government Middle school, Banaveduthottam on 7th March 2023. 110 students were trained on various asanas, Surya namaskar and Pranayama. It will be regular Yoga coaching class for govt school children. Monthly twice sessions will be conducted for two hours.

Tree plantation Drive

NSS SRIHER and Sri Ramachandra Green Club jointly organized the event with Barclay global services pvt Ltd as sponsor team. 85 Fruit bearing splings planted on 31.3.2023 and 120 saplings planted on 20.4.2023

Health awareness programs



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HYGIENE AWARENESS PROGRAM



30th June, 2022

**Adi Dravidar Welfare Higher Secondary School
Kolappanchery, Poonamallee Block**



Menstrual hygiene awareness for girls



- Inauguration and sanitary napkin distribution to 65 school girls
- 39 NSS Volunteers participated
- Total 172 school students were beneficiaries



- Menstrual hygiene awareness
- Awareness on solid waste segregation and plastic ban



Awareness on Hazards of
over the counter
prescriptions use by
Pharmacy students

Hygiene Awareness sessions by different teams of volunteers in class rooms



- Dental hygiene
- Screen time management
- Over counter pills
- Hazards of cigarette smoking and addictions





Health awareness sessions



Multi specialty Medical camp -26.7.2022

- 53 volunteers from unit 5 participated
- Paediatric, dental, ophthal and dermatology screening done for 125 students in Vayalanallur middle school
- Dental kit – tooth paste and brush sponsored for 155 school students from Rotary club of lake city (Cost Rs 3311)
- Sanitary napkins distributed to 25 girls in 6th to 8th std by NSS, SRIHER
- Awareness sessions conducted for school children



Dental kit
distribution –
125 students



- Registration
- Height and Weight assessment



General health screening



Eye disorder screening



Dental screening



Dermatologist check up



Menstrual hygiene awareness by
Volunteers from
Rotaract club of
caduceus





- Dental hygiene demonstration – Dental students
- Dental kit distribution by Rotary club of lake city



Awareness on Hazards of excessive screen time





Hand hygiene demonstration by Nursing students

From

The Headmistress,
PUMS VAYALANALLUR.
Vayalanallur - 600072.

To

Dr. M. Anitha Rani. M.D.
Professor,
Dept. of community Medicine
Associate Coordinator
National Service Scheme,
Sri Ramachandra Institute of
Higher Education and Research,
Ponneri.
Chennai - 600116.

Respected Madam,

We ought to thank you Madam for
selecting our school to conduct today Medical
camp regarding Dental, Eye and skin care check
up for our school students in a grand manner
successfully along with our Vayalanallur
Panchayat President Thiru. Durai Murugan sir
with in a short duration period, We all thank
your Medical Team Madam, We thank for donating
Sports Materials for our school students Madam.

Thank You,

Vayalanallur
26.07.2022.

Yours faithfully,

பே.கிருஷ்ணவேணி
26/7/22

தலைமை ஆசிரியர்
ஊராட்சி ஒன்றிய நடுநிலைப்பள்ளி
புனர் - 600072

Thanks letter



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Friendship & Service

NATIONAL SERVICE SCHEME &
INNER WHEEL CLUB OF MADRAS METRO
AZADI KA AMRIT MAHOTSAV(AKAM)
CELEBRATING THE 75TH YEAR OF INDEPENDENCE DAY

EYE CAMP

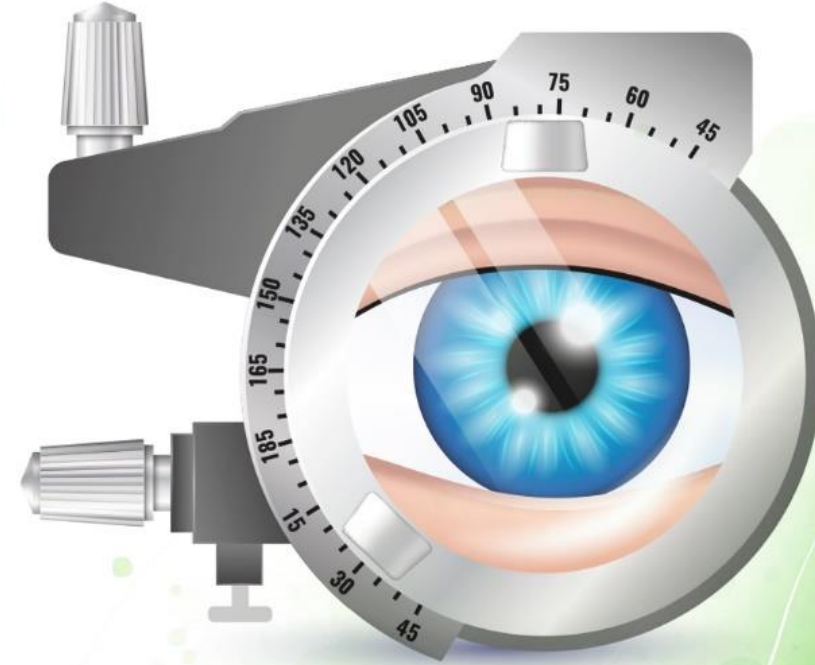
INAUGURATION BY

THIRU. S. MUTHUVELPANDI

Asst. Commissioner of Police
Poonamallee Range
Avadi Police Commissionerate

Kolappancherry

04.08.2022



Eye camp in Kolappancherry -4th August 2022

- Organized in association with Inner wheel club of Madras metro. 32 NSS Volunteers participated.
- Inaugurated by Thiru S. Muthuvelpandy, Assistant commissioner of police, Poonamallee Range, Thiru.D.Durai Ravikumar, Inspector of Police, Vellavedu



Community campaign for Eye camp



Door to door community mobilization

Monitoring Pulse and BP



Monitoring visual acuity



Total beneficiaries -96
Patients identified with refractive error –
56
Patients referred to SRIHER for cataract
surgery -8



கோளப்பன்சேரி ஊராட்சி மன்றம்

கோளப்பன்சேரி ஊராட்சி, பூவிருந்தவல்லி ஒன்றியம், திருவள்ளூர் மாவட்டம்
2/37, பஜனைக்கோயில் தெரு, கோளப்பன்சேரி, (வாழி) பட்டாபிராம், சென்னை - 600 072.

C.விஜயபாபு M.A

தலைவர்

தேதி: 06/08/2022.....

ரபயுநர்: -

உயர் சூடு துணை ஆங்கர் .

ஸ்ரீ கிராமச்சந்திரா

உயர் கலித் மன்றம் ஆராய்ச்சி சிறுவனம்

மகிழ்ச்சியில் ஐயா,

எங்கள் கோளப்பன்சேரி ஊராட்சியில்

எங்கள் ஸ்ரீ கிராமச்சந்திரா மருத்துவமனையின் உதவியுடன்

கடந்த 4-ம் தேதி ஆகஸ்ட் மாதம் கிடைக்கக் கண்ட பரிசீலனை

சிகரம் நடைபெற்றது இதில் எங்கள் பகுதியில் உள்ள

பொதுமக்கள் கலந்து கொண்டு பயன் பெற்றார்கள் .

எங்கள் பாகவும், எங்கள் உள் பொது மக்கள்

சார்பாகவும் எங்கள் நன்றிகளை தெரிவித்துக்

கொள்கிறோம் .

நன்றி...



கி.பபுக்கு

(Handwritten signature)

தலைவர்

கோளப்பன்சேரி ஊராட்சி மன்றம்
பூவிருந்தவல்லி ஒன்றியம்.

Thanks letter

Eye camp in kolappancherry panchayat on 4th August, 2022

https://twitter.com/NSS_SRIHER/status/1555118830027870209

Twitter Link

<https://www.instagram.com/p/Cg1Q8zAPzFU/>

Instagram Link

<https://www.facebook.com/NSS.SRIHER/photos/pcb.105074392308058/105073712308126/>

Facebook Link

Sanitary kit distribution



Tooth brush, paste and soap – distributed to 175 students sponsored by Lions club of Pallavaram worth Rs 10500.

Sanitary napkins distributed to 75 girls studying in 7th to 10th Std – Sponsored by SRIHER



Awareness session



Dental hygiene
Menstrual hygiene
Hazards of smoking and alcoholism
Hazards of excessive screen time
Healthy diet
Physical fitness



Thanks letter

From
The Head Master
G.H.S. Banalleduthottam
Shandurai Maid Road
Poornamallee, Chennai - 56

23 August 2022

To,
Dr. M. Anitha Rani
Professor, Dept. of Community Medicine,
Associate Co-ordinator
National Service Scheme
Sri Ramachandra Institute of Higher Education
& Research, Porur, Chennai - 116.

Dear Dr. M. Anitha Rani,
Your Medical Team conducted a Medical Camp in
our school yesterday. Many Students have benefited
out of it. A gift kit that consisted a tooth brush, paste
& a soap was also given to all through your services.

I express my heartfelt thanks & gratitude to you
and your team for helping out our needy Students.
Thank you so much.

Looking forward for more such camps.

yours sincerely,

தலைமை ஆசிரியை
அரசு உயர்நிலைப் பள்ளி
பாண்டேடு தோட்டம்,
திருவள்ளூர் மாவட்டம்,
சென்னை - 600 056

தலைமை ஆசிரியை
அரசு உயர்நிலைப் பள்ளி
பாண்டேடு தோட்டம்,
திருவள்ளூர் மாவட்டம்



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai



**NATIONAL SERVICE SCHEME &
MADRAS COSMOPOLITAN ROUND TABLE 94**

JOINTLY ORGANIZE

MULTI-SPECIALTY HEALTH CAMP

INAUGURATED BY

THIRU .V. TAMILVANAN, M.COM
Asst. Commissioner of Police, Vyasarpadi

**Venue: Don Bosco School,
MKB Nagar, Vyasarpadi
Date: 30th August, 2022**



Multispecialty health camp

- Madras cosmopolitan Round table 94 sponsored dental kit worth Rs 7,679 – Tooth brush and paste for 240 students -
- 55 NSS unit 2 volunteers participated
- Total number of school students screened -891





Dental Kit getting ready for distribution



Health education on healthy diet



Dental Health Education



Health Education on hazards of tobacco and alcohol



Health Education on Menstrual Hygiene

Dental Camp



Dermatology Camp



Paediatric Camp

Total students screened -891
15 students treated for Pediculosis
60 students referred for dental excision
70 students referred for refractive error



DON BOSCO MATRICULATION SCHOOL

10 A / 1 First Cross Street, M.K.B. Nagar, Vyasarpadi, Chennai 600 039.
Email ID : donboscomkb@gmail.com Phone: (044) 26737794

Date 1.9.2022

To

Dr. M. Anitha Rani

Professor, Dept Community Medicine,
Associate Programme Coordinator,
National Service Scheme,
Sri Ramachandra Institute of Higher Education and Research (DU)

Madam,

On behalf of the Management, Staff and Students of Don Bosco Matriculation School, M.K.B.Nagar *we thank the entire team* of Ramachandra Institute of Medical College and hospital for **conducting Medical camp on Tuesday 30th August, 2022.**

Our children were benefitted through this programme. The lecture given for Std. 8, 9 and 10 were really useful.

Thank you once again.

Yours faithfully,

K. Saramma

CORRESPONDENT
DON BOSCO MATRICULATION SCHOOL
10A/1, FIRST CROSS ROAD,
M.K.B. NAGAR, VYASARPADI,
CHENNAI-600 039.

Thanks letter

BRIDGES REPORT OF BREAST FEEDING WEEK CELEBRATION - 2023

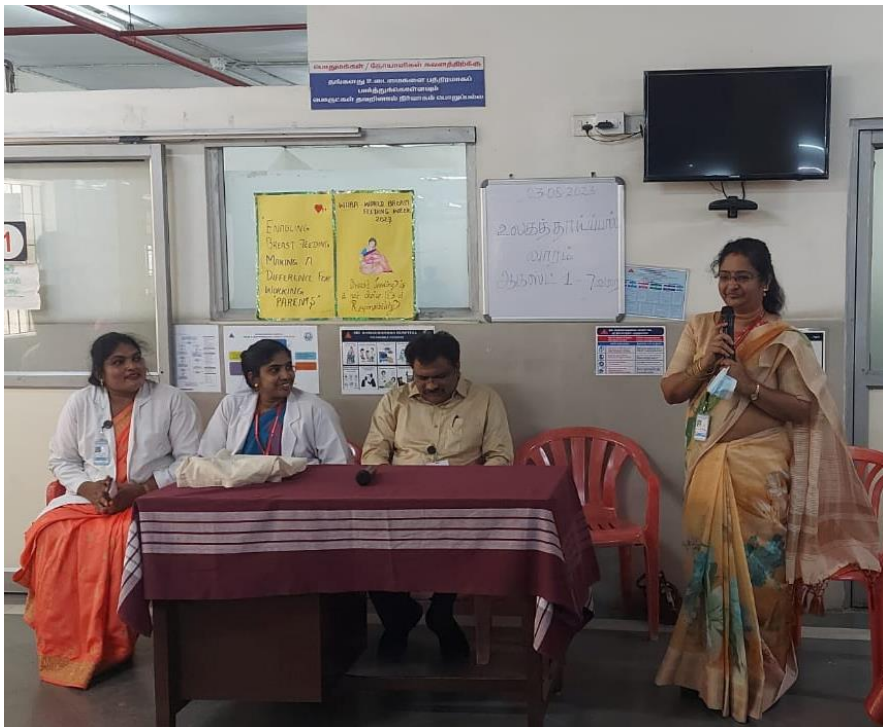
Theme: “Enabling Breast Feeding: Making Difference For Working Parents”

Department of Pediatric Nursing celebrated the Breast feeding week on 3rd August 2023 in Pediatric OPD with a theme of “Enabling Breast Feeding: Making difference for working parents”. Dr. R.B.Sudagar Singh, Medical Director, Sri Ramachandra Hospital, gave the special address and Prof.Dr.Latha Ravichandran- HOD- Department of Pediatric Medicine and Dean of Education unfolded the theme on World Breast Feeding Week 2023. 70 members were benefited by the programme.

















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SRI RAMACHANDRA FACULTY OF NURSING
DEPARTMENT OF OBSTETRICS & GYNAECOLGY NURSING
REPORT ON WORLD BREASTFEEDING WEEK CELEBRATION

Date : 05.08.2023
Time : 10.00 -11.00 a.m.
Venue : AN OPD, 'G' Block, I Floor, SRH
Organized by : Department of Obstetrics and Gynaecology Nursing, SRFON
Beneficiaries : 75 Antenatal and postnatal women, 34 students, 6 faculty members, and 3 staff Nurses

The Department of Obstetrics and Gynaecology Nursing, Sri Ramachandra faculty of Nursing SRIHER, observed World Breastfeeding week celebration in the Antenatal Outpatient Department, 1st floor, G Block at Sri Ramachandra Hospital on 05.08.2023 between 10 a.m and 11 a.m with the theme of "Enabling Breastfeeding: making a difference for working parents"

The celebration began elegantly with a graceful welcome speech delivered by Prof. Dr. S. Rajeswari, HOD, Department of Obstetrics and Gynaecology Nursing, SRFON, SRIHER, she welcomed the august gathering. The keynote address was discoursed by, Prof. Dr. S.J. Nalini, Principal, SRFON, SRIHER. She highlighted that the importance of breastfeeding family response and how to support breastfeeding in working women. The special address delivered by Dr. Shuruthi Prashanth, Assistant professor, Dept Of OBG, SRH. She created awareness of breast cancer by relating statistical data, breast hygiene and appropriate facts related to the postnatal diet that influences the breastfeeding practices. Followed by breastfeeding week awareness programme was coordinated by Mrs. Vinovani, Clinical Instructor, Mrs. K. Jyothi, Lecturer and BSc Nursing (Basic) IV year, faculty of Nursing in the form of awareness Song, Mime and Dance. A quiz programme was conducted by Dr. R. Kavitha, Assoc. Prof, SRFON and M.Sc Nursing II year OBG Nursing students. Prizes were distributed to all participants of quiz programme. The programme came to end with vote of Thanks proposed by Mrs. S. Vinovani, Clinical Instructor at 11.00 a.m. Refreshment was given to all participants. Over all 75 mothers 34 students, 6 faculty members and 3 Staff Nurses participated and were benefitted by the programme.

Signature of the Organising Secretary

Signature of the Principal

















