

YOGA FOR HEALTH & WELLNESS

Yoga experts, Dr.P.Vijayalakshmi, Assoc. Prof of Psychology, Sri Ramachandra Faculty of Allied Health Sciences & Dr.B.Archana, Asst. Prof. of Pathology, Sri Ramachandra Medical College and Research Institute, Sri Ramachandra Institute of Higher Education and Research (Deemed to be University) deliberated on the importance of Yoga in our Health and Wellness on the International Day of Yoga on 21.06.2022. #SDG3 #SDG4



Yoga for Health & Wellness | Sri Ramachandra Institute of Higher Education & Research | #SRIHER

Link: <https://www.youtube.com/watch?v=ZI6ELQn91s4>

PUBLIC EDUCATION SERIES: THYROXINE - MYXOEDEMA | SLOWNESS OF THE ACTIVE GLAND

TOPIC: Thyroxine – Myxoedema: TITLE: Slowness of the active gland

A journey through the physiology of thyroid functions and pathophysiology of hypofunction on April 18, 2023 #SDG3 #SDG4



TIPS 2023 by Dept of Physiology | Batch B1 | Thyroxine - Myxoedema | Slowness of the active gland

Link: <https://www.youtube.com/watch?v=U9XFE3l-oiY>

PUBLIC LECTURE SERIES: SUSTAINABLE DEVELOPMENTAL GOALS & ORAL HEALTH

The SDGs are the vehicle through which actions can be implemented and in a future oral health strategic plan we must look to how Oral Health can contribute to all 17 SDGs #SDG3 #SDG4



Lecture 15 - Sustainable Developmental Goals & Oral Health | #SRIHER

Link: <https://www.youtube.com/watch?v=e3BRf1WmjSA>

WORLD MENTAL HEALTH DAY

A MIME Show performance by B.Sc (AHS) Geriatric Care Technology Students, Department of Psychiatry, SRIHER Theme based on "WORLD MENTAL HEALTH DAY" on 13.10.2022. #MobileAddiction #Alcohol & Substance Abuse #Suicide Prevention #SDG3 #SDG4



WORLD MENTAL HEALTH DAY | MIME Show performance | #SRIHER

Link: <https://www.youtube.com/watch?v=GxF8JGel5a4>

WORLD HEARING DAY

World Hearing Day on the 3rd of March, 2022 was observed by the department of Speech-Language and Hearing Sciences (SLHS), Sri Ramachandra institute of Higher Education and Research, India - as part of the WHO initiative for hearing conservation. #SDG3 #SDG4



World Hearing Day | Awareness | Hearing Screening for singers and Musicians | #SRIHER

Link: <https://www.youtube.com/watch?v=P6Z1IeeLJ0M>

SENSORY INTEGRATION THERAPY, OCCUPATIONAL THERAPY - WORLD AUTISM AWARENESS DAY

International standards with well-equipped sensory integration therapy OPS for "autism" has been started by Dept of Occupational Therapy (clinical wing), Sri Ramachandra Faculty of Occupational Therapy, Sri Ramachandra Institute of Higher Education and Research (Deemed to be University) on April 1, 2023. #SDG3 #SDG4



SENSORY INTEGRATION THERAPY @OCCUPATIONAL THERAPY - WORLD AUTISM AWARENESS DAY #SRIHER

Link: <https://www.youtube.com/watch?v=rvBaocGjDM0>

**NAAC SPONSORED NATIONAL CONFERENCE ON HEALTH PROFESSIONAL EDUCATION and
NEP 2020, 24th June 2023**



The NAAC sponsored 'National Conference on Health Professional Education and NEP 2020' was organised by IQAC on 24th June. Dr. M. Hanumantha Rao, Executive Director, AIIMS Madurai inaugurated the conference. Dr. W. Selvamurthy, President, Amity Science, Technology and Innovation Foundation & Chancellor, Amity University, Chhattisgarh, delivered the key note address. 181 participants attended.

https://www.sriramachandra.edu.in/university/admin/images/newsletter/file/SRIHER_NEW_SLETTER-JUNE_2023-1_compressed1692337695.pdf Page No: 2

'Varsities must develop an ecosystem for NEP'

The Hindu Bureau
CHENNAI

A national conference on Health Professional Education and National Education Policy (NEP) 2020 was held at Sri Ramachandra Institute of Higher Education and Research (SRIHER) on Saturday.

Speaking at the NAAC-sponsored conference, W. Selvamurthy, president, Amity Science, Technology and Innovation Foundation and chancellor of Amity University, Chhattisgarh, said univer-

sities should develop an ecosystem of socially relevant research to realise the fruits of the NEP.

Inaugurating the conference, M. Hanumantha Rao, executive director, All India Institute of Medical Sciences (AIIMS), Madurai, said while the government spent ₹1.76 crore to produce an MBBS student at public cost, many went abroad for education.

The NEP should look at the need for rural service for these medicos who study in India, Mr. Hanumantha added.

'Research must be socially relevant'

Chennai: Universities should conduct socially relevant research, said Amity University president Dr W Selvamurthy at the NAAC-sponsored national conference on Health Professional Education and NEP 2020 at Sri Ramachandra Institute of Higher Education and Research on Saturday.

Earlier AIIMS Madurai executive director Dr M Hanumantha Rao said the government spends ₹1.76 crores to produce an MBBS student in government colleges.

The NEP should look at the need for rural service, he added. TNN

ஒரு டாக்டரை உருவாக்க ரூ.1.76 கோடி செலவு

பதிவு செய்த நாள்: ஜூன் 25, 2023 02:59

<https://img.dinamalar.com/data/largenew/Tamil News large 3357543.jpg>



சென்னை: "ஒரு டாக்டரை உருவாக்க அரசு, 1.76 கோடி ரூபாய் செலவு செய்கிறது. ஆனால், அவர்கள் வெளிநாடுகளுக்கு செல்வது வேதனை அளிக்கிறது," என, இந்திய மருத்துவ அறிவியல் கழக செயல் இயக்குனர் ஹனுமந்தராவ் கூறினார்.

சென்னை போரூர் ராமச்சந்திரா மருத்துவ உயர்கல்வி மற்றும் ஆராய்ச்சி நிறுவனத்தில், புதிய கல்வி கொள்கை - 2020 குறித்த தேசிய மாநாடு நேற்று நடந்தது.

மாநாட்டை துவக்கி வைத்த பின், ஹனுமந்தராவ் பேசியதாவது:

அரசு மருத்துவ கல்லூரிகளில், ஒரு எம்.பி.பி.எஸ்., டாக்டரை உருவாக்க, மக்கள் வரிப்பணமான,

1.76 கோடி ரூபாயை, அரசு செலவிடுகிறது. அவ்வாறு படித்த பலர், வெளிநாடுகளுக்கு சென்று விடுவது, வேதனை அளிக்கிறது.

இதுபோன்ற மாணவர்களுக்கு, கட்டாய கிராமப்புற சேவைப் பணி விதிக்கப்பட வேண்டுமா என்பதை, புதிய கல்வி கொள்கையில் சிந்திக்க வேண்டும். இவ்வாறு அவர் பேசினார். சத்தீஷ்கர் அமிதி பல்கலை வேந்தர் செல்வமூர்த்தி பேசியதாவது: இந்தியா உயர்கல்வியில் முன்னிலையில் உள்ளது. வரும், 2030க்குள், 14 கோடி பட்டதாரிகள் தேறி விடுவர். உலகளவில் நான்கில் ஒரு பட்டதாரியை இந்தியா உருவாக்கும். உலக நாடுகள், இந்தியாவிற்கு அறிவாற்றலை வழங்கவும், கூட்டு முயற்சிகளை மேற்கொள்ளவும் தயாராக உள்ளன. அதேபோல், பல்கலைகளில் மக்களுக்கான ஆய்வுசார் சூழலை உருவாக்க வேண்டும். இவ்வாறு அவர் பேசினார். நிகழ்வில், ராமச்சந்திரா பல்கலை துணைவேந்தர் உமாசேகர், அவினாசிநிங்கம் பல்கலையின் முன்னாள் வேந்தர் தியாகராஜன் ஆகியோர் பங்கேற்றனர்.

NATIONAL SEMINAR ON NUTRACEUTICALS

28.10.2022



The Dept. of Biomedical Sciences organised a National Seminar on Nutraceuticals: A Novel Approach to Health on 28th October. Dr. R. Hemalatha, Director, ICMR-National Institute of Nutrition (NIN) was the chief guest. Plenary lectures were delivered by Dr. V. Baskaran, Chief Scientist, Central Food Technological Research Institute (CFTRI), Karnataka, Dr. V. Hariharan, Karpagam Faculty of Medical Sciences and Research, Coimbatore, Dr. S. Shobana, Madras Diabetes Research Foundation (MDRF), Chennai. Events included oral presentation, poster presentation and Adzap. 150 delegates participated.



SRI RAMACHANDRA

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‘Nutritious food before conception also important for healthy baby’

Chennai, 28th October, 2022.

Consumption of balanced nutritious food before conception is as important as during conception for a young women to deliver healthy babies, said Dr. R.Hemalatha, Director, ICMR National Institute of Nutrition, Hyderabad while inaugurating a national seminar on ‘Nutraceuticals – a novel approach to health’ at Sri Ramachandra Institute of Higher Education and Research her today. Intake at the first thousand days of the babies will determine how they will live till their seventies and beyond. Low intake of wholegrains, vegetables, fruits and nuts and high intake of sodium are the main causes of diet related non communicable diseases including diabetes, hypertension, overweight, obesity and abdominal adiposity, she added.

Speaking on the occasion Dr.P.V.Vijayaraghavan, Vice Chancellor, SRIHER said that a lot of clinical research is needed on various foods and their impact on good and bad health.

Students, researchers and faculty of biomedical sciences and researchers from various research institutions in the country are presenting papers at the conference.

The one day meet was organised by the faculty of biomedical sciences of SRIHER.

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Issued by: T. G. Nallamuthu, Consultant, Media Relations, SRIHER, 9444265578, 9940399346.

Link:

https://www.sriramachandra.edu.in/university/admin/images/press/file/ilovepdf_merged-21666953352.pdf

The Second Annual Conference of the Centre for Early Childhood Caries Research (CECCRe) Date: 30th & 31st August 2022



The second annual conference of the Centre for Early Childhood Caries Research (CECCRe) was organised by the Department of Pediatric and Preventive Dentistry on 30th & 31st Aug. The Special invitees included Dr. Indu Grewal, Chief Medical Officer, Child Health & Nutrition Division, Ministry of Health & Family Welfare, Govt of India and Dr. Vijay Prakash Mathur, Prof. & Head, Pedodontics and Preventive Dentistry, Centre for Dental Education & Research, AIIMS, New Delhi. The events included poster, video presentations and didactic lectures by several international and national experts in the field. The event highlighted various aspects of ECC like etiology, diagnosis, awareness, prevention and intervention. The invited speakers were Dr. Eyal Simchi, Practicing Pediatric Dentist, Riverfront Pediatric Dentistry, Affiliated with Nyack Hospital, New Jersey, Dr. Manu Mathur, Head, Health Policy at Public Health Foundation of India (PHFI) & Professor in Dental Public Health, Queen Mary University of London, Dr. Tarun Walia, Assoc. Prof., Dept. of Clinical Sciences, College of Dentistry, Ajman University, UAE., Dr. Robert Anthonappa, Division Head, Oral Developmental and Behavioral Sciences, Discipline lead and program convener in Pediatric Dentistry, UWA Dental School, University of Western Australia, Dr. Monica Dominguez, Director, Global Oral Health Programs, Smile Train, Mexico, Dr. Peter Mosey, Prof. Craniofacial Development, Assoc. Dean of Internationalisation, Dundee University Dental School, Mr. Aditya, budding artificial intelligence expert, Standard 11, The Wardlaw + Hartridge School, New Jersey.

CONTINUING PHARMACY EDUCATION

Date: 20.09.2022



Dept. of Pharmaceutical Chemistry, Sri Ramachandra Faculty of Pharmacy, organised Continuing Pharmacy Education on the topic 'Process Validation - USFDA Guidelines' on 20th September. The resource person was Mr. Selvakumar Subramanian, M. Pharm., Pharmaceutical Quality Assurance (Alumnus 2005-2007), Senior Group Leader-Regulatory Affairs (US), Strides Pharma Science Limited, Bengaluru. 75 participants benefitted.

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Workshop on Caries Risk Assessment

Date: 13.09.2022



Dept. of Pediatric and Preventive Dentistry organised a 'Virtual Workshop on Caries Risk Assessment' on 13th September. The workshop aimed to enhance knowledge of caries risk and prevention. Dr Nikhil Srivastava, Hon. General Secretary of Indian Society of Pedodontics and Preventive Dentistry (ISPPD) was the chief guest. The program included didactic lectures by Dr. Ashwin Jawdekar, Prof. & HoD, Pediatric and Preventive Dentistry, Bharthi Vidyapeeth Dental College and Hospital, Dr. Indira M. D., Sr. Lecturer, Dr. Seema Deshmukh, Assoc. Prof., Dept. of Pediatric and Preventive Dentistry, JSS Dental College and Hospital, Mysuru and Dr. Vijay Prakash Mathur, Prof. & Head, Pedodontics and Preventive Dentistry, Centre for Dental Education & Research, AIIMS, New Delhi who highlighted about various aspects of caries risk assessment. UG and PG students from various colleges presented posters. 240 participants attended.

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REVISED BASIC COURSE WORKSHOP 19.10.2022 – 23.10.2022



Dept. of Health Professions Education organised 'Revised Basic Course Workshop (rBCW)' in Medical Education Technology for the faculty members of two standalone PG Institutions from 19th to 21st October. 23 speciality and super speciality faculties attended the workshop.

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MULTIDISCIPLINARY PANEL DISCUSSION Date: 20.10.2022



SRFoP organised a multidisciplinary panel discussion on "Bone Health" and a screening camp on 20th October to commemorate World Osteoporosis Day 2022. Experts shared their opinion on the importance of bone health for optimal physical functioning, prevention of osteoporotic fracture, diagnosis and evidence-based exercise, and nutritional recommendations. The camp displayed various educational materials based on the international osteoporosis foundation. 150 delegates participated in the panel discussion. 109 participants benefitted in the screening camp.

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AWARNES EDUCATION ON EMOTIONAL INTELLIGENCE

Date: 19.10.2022



Dept. of Psychiatric Nursing, Sri Ramachandra Faculty of Nursing organised a motivational talk on 'Emotional Intelligence' on 19th November. Mrs. Jayashree Venkatraman, Corporate Trainer, Behavioral Counselor & Coach and POSH Enabler was the resource person. 199 students benefitted.

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VALUE BASED COURSE AND CAREER DEVELOPMENT PROGRAMME

03.02.2023 – 06.02.2023



Dept. of Community Health Nursing and Dept. of Obstetrics & Gynaecology Nursing organised a Value Based Course and Career Development Programme for outgoing students of UG and PG 2023 from 3rd to 6th February. Mrs. K. Kavitha Kumar, Corporate Trainer was the resource person. 110 students participated.

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WORKSHOP ON PROTOTYPE/PROCESS DESIGN AND DEVELOPMENT

30th May 2023



Sri Ramachandra Faculty of Pharmacy (SRFoP) organised a workshop on 'Prototype/ Process Design and Development' as a part of Institution's Innovation Council activities on 30th May. Dr. Mukesh Doble, Prof., Dept. of Cariology, Saveetha Dental College and Hospitals delivered a lecture on 'Reliability and Statistical Tools for Process Design and Development'. Dr. Govindaraj Perumal, Postdoctoral Research Associate, Dept. of Biomedical Sciences, University of Illinois Chicago, USA, delivered a lecture on 'Prototype Idea Generation and Designing'. 215 participants attended.

https://www.sriramachandra.edu.in/university/admin/images/newsletter/file/SRIHER_NEW_SLETTER-MAY_2023-compressed1688962456.pdf Page No. 3

NATIONAL WORKSHOP ON SYSTEMATIC REVIEW AND META-ANALYSIS

3rd & 4th March 2023



SRFoN organised a national workshop on 'Systematic Review and Meta-analysis' on 3rd & 4th March. 98 participants nationally attended.

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CONTINUING MEDICAL EDUCATION AND WORKSHOP ON RESPIRATORY THERAPY, 3rd June 2023



Dept. of Respiratory Medicine, Sri Ramachandra Faculty of Allied Health Sciences (SRFAHS) organised a CME and workshop on 'Respiratory Therapy' on 3rd June. The CME & Workshop focused on Respiratory care therapeutics on the topics mechanical ventilation, pulmonary rehabilitation, sleep study, NIV, neonatal ventilation, oscillometry and diffusion strategies. Speakers from reputed national & international institutions and hospitals participated as resource persons. 200 UG & PG students of respiratory therapy and respiratory therapists attended the programme.

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ADOLESCENT HEALTH WEEK 2022

*Organized by
Department of Paediatrics, Pediatric Nursing, Clinical Nutrition
& Patient Guest Relations*

The Department of Pediatrics, Pediatric Nursing, Clinical Nutrition and Patient Guest Relations organized by this year's Adolescent Health Week 2022 from 7th to 14th Nov 2022 with a novel theme **“Great adolescence by child nurturance”**.

Teen Age Day with theme **“Ensuring Addiction Free Teens”**, Daughter's Day' with the theme **“Give Them Wings”** and Healthy Life Style Day with its theme **“Say Not To Juncs And Yes To Exercise”** were all a part of this week long celebrations.

There was active participation across departments including Faculty of Occupational therapy for all the memorable events including Essay competition, Tamil debate, Walkathon, Symposium, Short film photography and art display reinforcing this noble cause.

