
NATIONAL SERVICE SCHEME



Reproductive Health

Activity Report

May 2022 – April 2023

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NATIONAL SERVICE SCHEME &
AROGYA BHARATHI, TAMILNADU AND
NATIONAL MEDICOS ORGANIZATION

**RASHTRIYA POSHAN MAAH
CELEBRATIONS
Women Wellness Camp**



**Mathur - Manali
17th Sep, 2022**



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Rashtriya Poshan Maah celebrations -Women wellness camp in Manali Mathur – 17.9.2022

- NSS, SRIHER, together with Arogya Bharathi, NMO organized Women Wellness Camp. 22 NSS Volunteers attended the camp.
- Beneficiaries were 97 women
- All women tested for hemoglobin, blood sugar and blood pressure.
- All women were screened for cancer breast by clinical breast examination.
- All women were screened for cancer cervix and pap smear taken from 72 women.
- Health education was given on reproductive health, anemia prevention, self breast examination and cancer cervix symptoms



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- Health education was given on anemia prevention, self breast examination and cancer cervix symptoms



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Face book link:

<https://www.facebook.com/NSS.SRIHER/posts/pfbid02jyJLAKb4xo3npAXv1mSNogo8wzos7jUBEnPk12f58mmGp7Dh4xivcUvhTpbfi82nl>

Twitter link:

https://twitter.com/NSS_SRIHER/status/1571086667397857281

Instagram:

<https://www.instagram.com/p/Cimtk0lPIhC/>



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**NATIONAL SERVICE SCHEME &
INNER WHEEL CLUB OF MADRAS METRO**



WOMEN WELLNESS CAMP

**The Banyan, Mogappair West
27.10.2022**



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Women wellness camp in the Banyan centre for Destitute women -27.10.2022

- NSS, SRIHER together with Inner wheel club of Madras metro organized women wellness camp in The Banyan Adaikalam centre in Mugappair on 27.10.2022.
- 85 mentally challenged women were screened by clinical breast examination
- Pap smear testing done for 24 women



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Pap smear results for 24 women

1 woman – Fungal infection with candid species

4 women – Reactive cellular changes associated with inflammation

Prescriptions given with reports



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Social Media

Facebook -

<https://www.facebook.com/NSS.SRIHER/posts/pfbid02cLusvShVUVMuZhNhew65YQHPvuzdkD7NC9b8KWPIUb2Xd1gj7LRz9ND83oBnVqwtl>

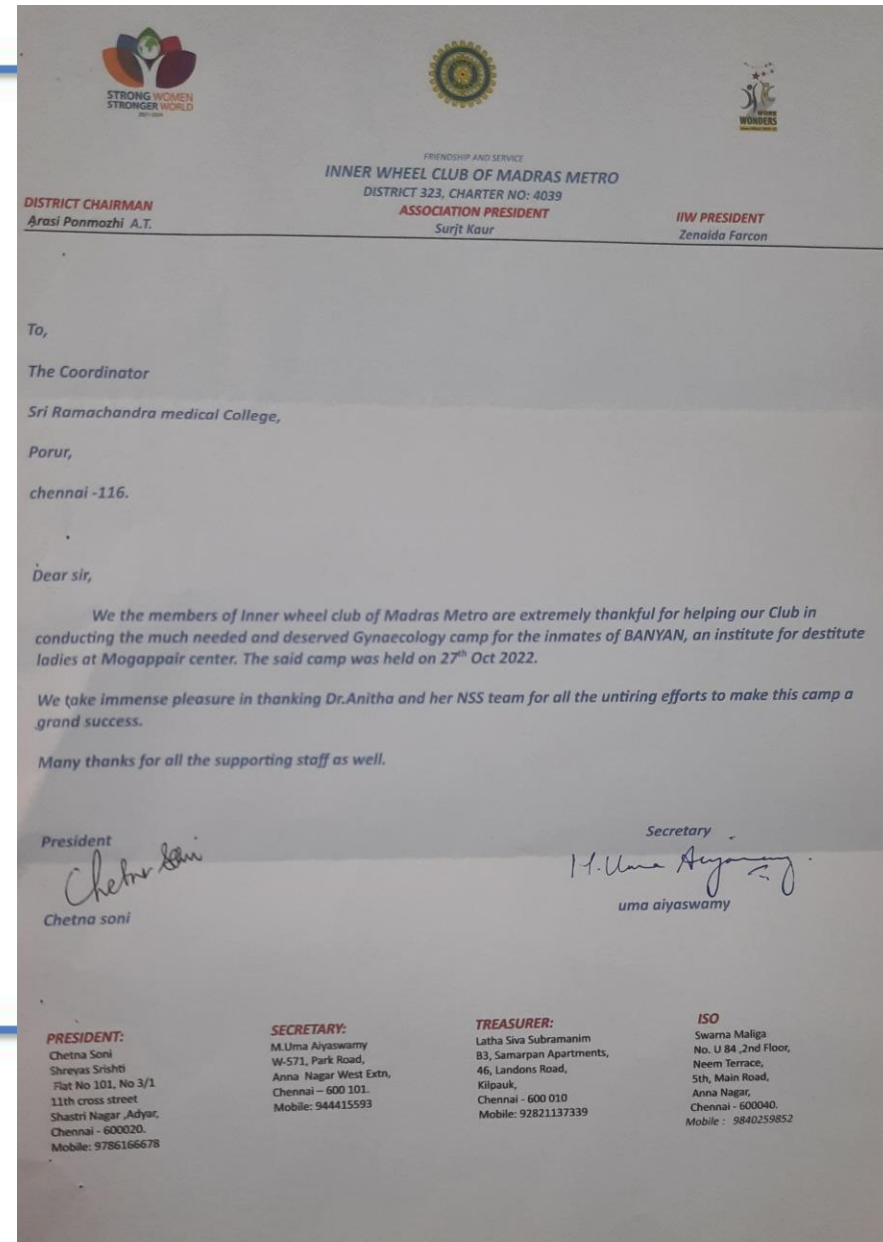
Instagram -

<https://www.instagram.com/p/CkSfPIWoWIX/>

Twitter -

https://twitter.com/NSS_SRIHER/status/1586255503142764545

Thanks letter



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Organization

WOMEN WELLNESS CAMP

Ennore
21st December, 2022



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Women wellness camp – Ennore – 21.12.2023

- NSS SRIHER, together with Arogya bharathi Tamilnadu, National Medicos Organisation and United way of Chennai organised women wellness - Cancer screening camp in Thazhankuppam, Ennore on 21 December 2022 .
- 24 NSS Volunteers participated
- There were 72 Beneficiaries.
- All the women were screened for cancer cervix, pap smear taken from 45 women.
- Health education was given on anemia prevention, self breast examination and cancer cervix symptoms.



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- All the 72 women were screened for cancer breast by clinical breast examination.



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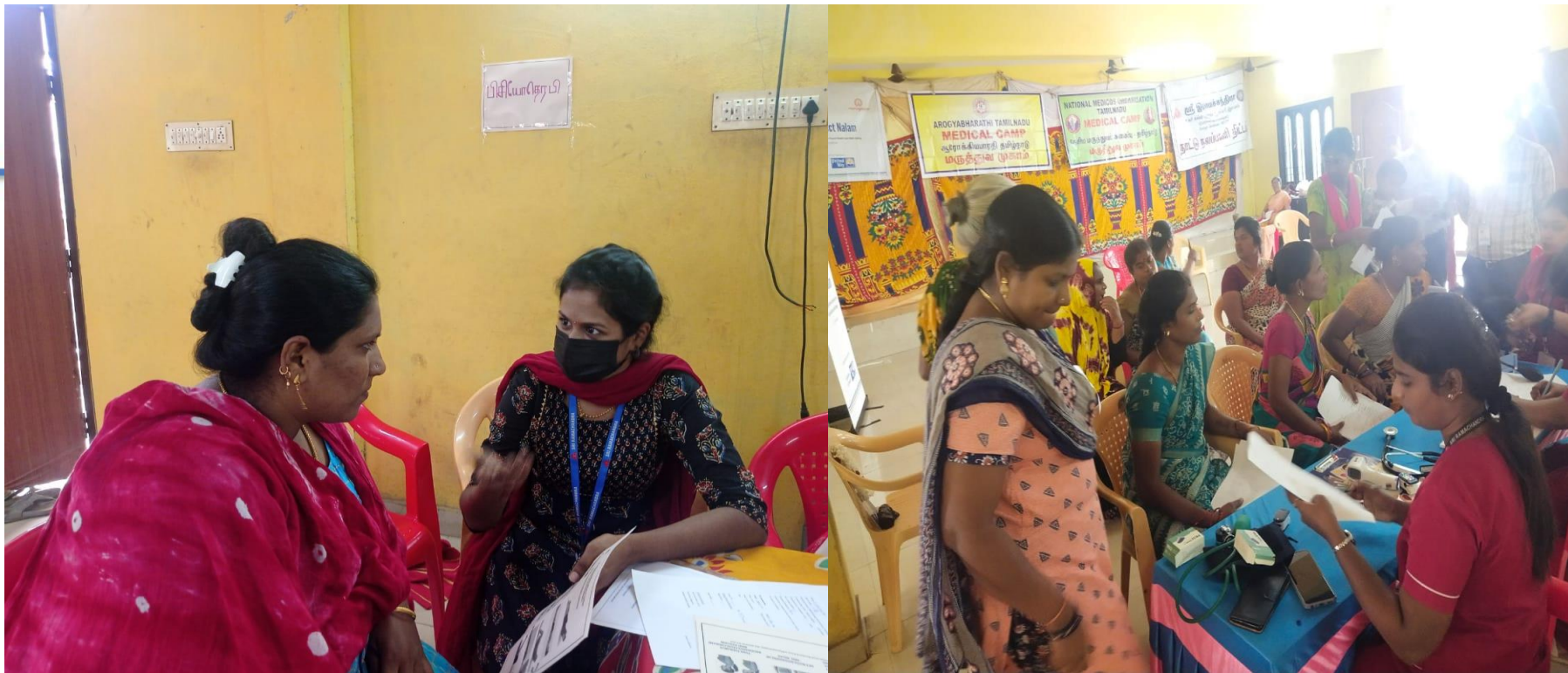
The women were tested for Hemoglobin, Random blood sugar and Blood pressure.



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A team from Physiotherapy department exclusively taught them pelvic floor exercises, shoulder, knee exercises and pain relief measures for women with joint pain symptoms.



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**NATIONAL SERVICE SCHEME &
AROGYA BHARATHI
TAMILNADU AND NATIONAL MEDICOS**

Organization

**WOMEN
WELLNESS CAMP**

Kanniammananpettai - Manali

15th April, 2023



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Women wellness camp-15.4.2023

- NSS,SRIHER together with National Medicos Organization, Arogyabharathi Tamilnadu, and UNISEARCH India Charitable Trust organized Women wellness camp for women at Kanniammanpettai near Manali on 15.4.2023.
- Around 40 volunteers from NSS unit 5 participated.
- BP check, blood sugar and hemoglobin testing done for all women
- 50 women were beneficiaries in this camp.





- Health education done on Anemia prevention, importance of millets in diet, breast self examination, importance of Cervical cancer screening along with distribution of pamphlets.



Clinical breast examination and Cervical examination and pap smear test done for eligible women



Health education on anemia prevention and importance of millets in diet



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Community mobilization
by NSS Volunteers



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Twitter -

https://twitter.com/NSS_SRIHER/status/1649287703916351494

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https://www.instagram.com/p/CrSXXkvvPjMa/?utm_source=ig_web_copy_link



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